



Tanzania Health Policy Empowering Nurses for Policy Advocacy

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Presentation Outline

- Introduction
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- Vision, Goals and Objectives
- key policy areas
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Introduction

- ❑ **Policy:** A formal statement that sets overall priorities, goals, and directions for the sector over a long-term period.
- ❑ Provides a framework for planning, legislation, resource allocation and service delivery.
- ❑ Policy links to **broader agendas** like SDGs, UHC



Introduction (2)

- ❑ **Policy:** *What we want to achieve*
- ❑ **Strategy:** *How we plan to achieve it*
- ❑ **Guidelines:** *How to do it right*
- ❑ **Operational Plans:** *Detailed steps and resources*



Tanzania National Health Policy Background (1)

- ❑ First Health Policy: **1990**
- ❑ Revised: 2003, **2007** and 2017 to address emerging health challenges.
- ❑ The current TNHP is of 2007
- ❑ Developed to align with:
 - ✓ Tanzania Development Vision 2025 (TDV 2025)
 - ✓ The Millennium Development Goals (MDGs)
 - ✓ National Strategies for Growth and Reduction of Poverty (NSGRP I and II)



Tanzania National Health Policy Background (2)

- **Drivers of revision:** UHC agenda, health financing reforms, science and technology advancement and the increase and change of disease pattern and trends.



Functions of the TNHP

- ☐ Sets national health priorities
- ☐ Guides resource allocation
- ☐ Provides a legal and regulatory framework
- ☐ Coordinates stakeholders
- ☐ Monitors and evaluates progress



Benefits of the TNHP

❑ Tanzania National Health Policy ensures

- ✓ Improved health outcomes
- ✓ Equitable access
- ✓ Efficient use of resources
- ✓ Stronger health system
- ✓ Enhanced accountability
- ✓ Global alignment



Vision, Goals and Objectives (1)

☐ Vision

To have a healthy and successful society that will contribute fully to individual and national development.



☐ Goal

To provide essential health services that are geographically balanced of acceptable quality, affordable and sustainable.



Vision, Goals and Objectives (2)

❑ Objectives

To improve the health status of all citizens, especially those most at risk, by establishing a health care system that will meet the needs of the citizens and increase the life expectancy of Tanzanians.



Key Areas of the TNHC (1)

Primary health care

Health
Improvement and
Maintenance

Preventive services

Curative services

Rehabilitation
Services

Human Resource
Development and
Health Sector
Training Institution



Key Areas of the TNHC (2)

Human Resource

Finance

Health Planning

Other Services

Agencies and
Institutions under
the Ministry

Professional
Councils and
Associations



Key Areas of the TNHC (3)

☐ Cross Cutting Health Sector Issues

- ✓ Disasters
- ✓ Regional and International Cooperation
- ✓ HIV and AIDS
- ✓ ICT
- ✓ Good governance



Key Areas of the TNHC (4)

- ✓ Poverty Reduction
- ✓ Human Rights
- ✓ Corruption
- ✓ Environment
- ✓ Gender
- ☐ Institutional Structure
- ☐ Legal System



Nursing and Midwifery (1)

5.4.2 Nursing and Midwifery

“The scope and quality of nursing and midwifery services need to be enhanced to meet the expectations of the citizens, consistency, standards, safety”

(b) Objectives

“To enhance the quality and safety of nursing and midwifery services in the country by taking into account the conditions and standards of quality services and the needs of the citizens”



Nursing and Midwifery (2)

(c) Policy Statement

(i) The Government in collaboration with stakeholders will improve the environment for the provision of nursing and midwifery services in the public and private sectors.



Achievements under the Current Policy

Increased immunization coverage

Expansion of health insurance schemes

Improvement in maternal and child health indicators

Strengthening of disease surveillance systems

Growth in health workforce numbers



Challenges



Areas of Advocacy for Nurses

Policy Participation: Inclusion of nurses in policy formulation and decision-making forums

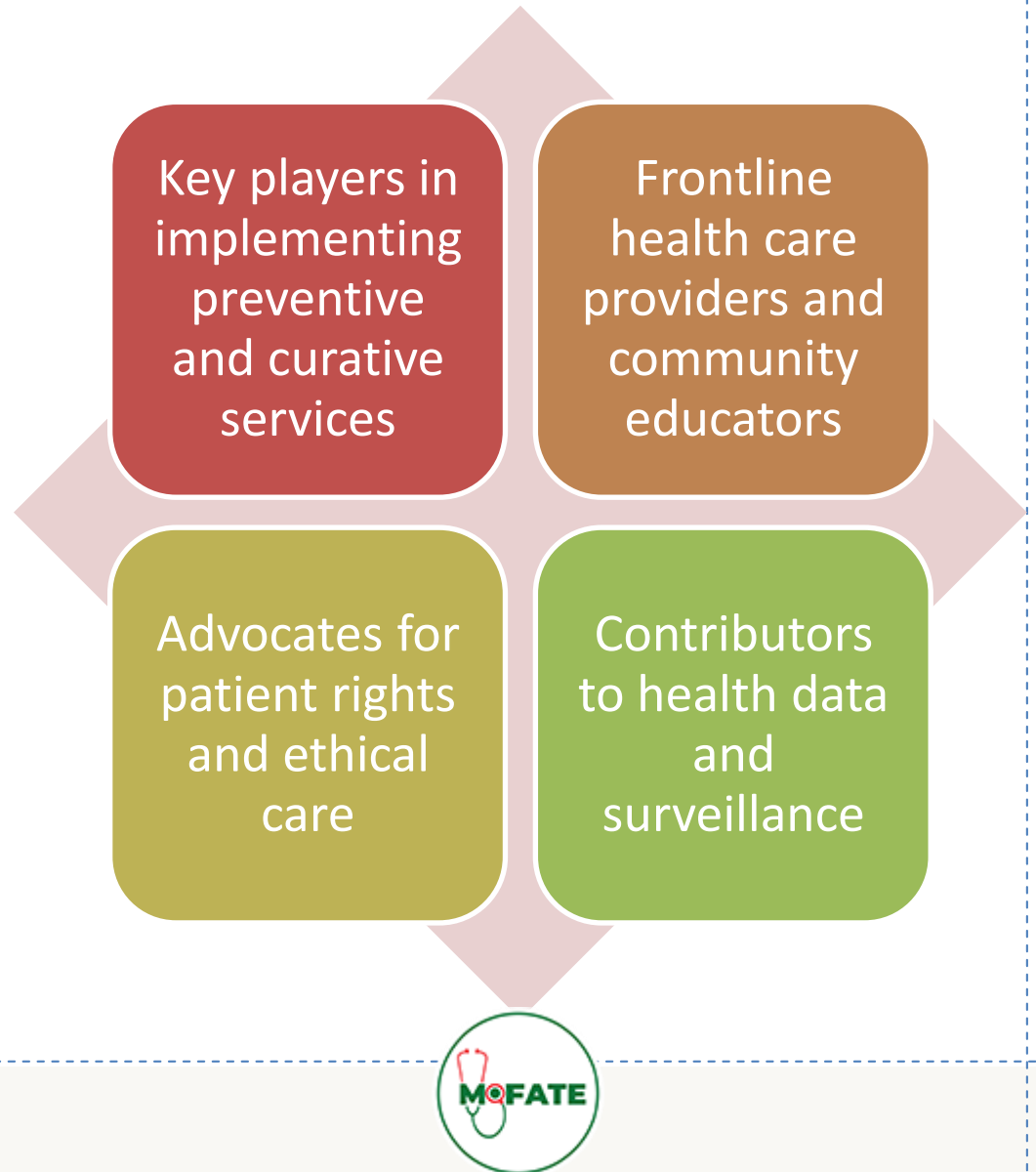


Workforce Strengthening: Better staffing levels, fair remuneration, CPD and specialisation opportunities

- **Safe working conditions** and occupational health
- **Resource Allocation:** Improved supply of essential medicines and equipment



Role of Nurses in Policy



Call to Action

- ☐ Nurses are key drivers of Tanzania's health agenda.
- ☐ Policy improvement requires collective voices.
 - ✓ Join TANNA and advocacy networks
- ☐ Document field experiences to inform policy
- ☐ Collaborate with stakeholders for inclusive reforms
- ☐ Participate in facility quality improvement meetings



Call to Action

- ☐ Engage in review of Public Health Act and Health Policy
- ☐ Mentor junior staff and students
- ☐ **Your role matters:** Engage, advocate, and lead in shaping health policy.



Conclusion

TNHP provides the roadmap But Nurses make it **real** through daily practice, leadership and advocacy.



References

Ministry of Health and Social Welfare, Tanzania. *National Health Policy (2007)*



Ministry of Health, Tanzania. *National Health Policy (1990)*

- WHO. *Health Policy Frameworks*
- Tanzania Vision 2025



